

## **Alexandra Casier**

### **What are your coaching credentials?**

Certified Canskate and Regional Coach

### **Tell us about your skating career:**

I am a long time Langton Figure Skater who has come back to Norfolk County to teach everything that I have learned throughout my years of skating both recreationally and competitively. I spent a few years training within other skating centres pursuing my dream as I was once a competitive singles skater competing up to the Novice level. I was also a competitor of the Western Ontario Provincial Team (2012). In 2013 I returned to my past coaches, who I now coach along side, to earn the rest of my gold tests which ended up making me a quad Gold test skater. I then spent two years competing at the Varsity level while studying at Brock University and have recently come back to competing as an Adult Synchronized Skater with the St.Thomas/Woodstock Figure Skating Clubs. I was approached to coach a synchro program here in Langton in 2018 and since then, I have been working very hard to bring back Synchro to Norfolk County. After our successful season in 2019-2020, I really would like to see the program come together for the benefit of all skaters within the area.



### **What are some of your other professional accomplishments?**

I am a graduate of Brock University with a Bachelors Degree in Sociology, and a graduate of Fleming College with a certificate in Children's Mental Health.

### **When you are not at the rink what are you doing?**

When I am not at the rink coaching or skating for myself, you will now find me being a mom to a happy baby boy and a step mom to two great girls! I enjoy spending time with my family and close friends.

### **Who/is are your favourite skater(s)?**

I always enjoyed watching pair skaters Jamie Sale and David Pelletier as well as I strongly idolise and still look up to Canada's 2010 Olympic Bronze Medallist Joannie Rochette.